

HEROES OF THE FAITH

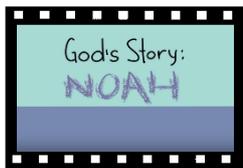
NOAH

Today we will be exploring Noah's story together.

You can find it in your Bible in:

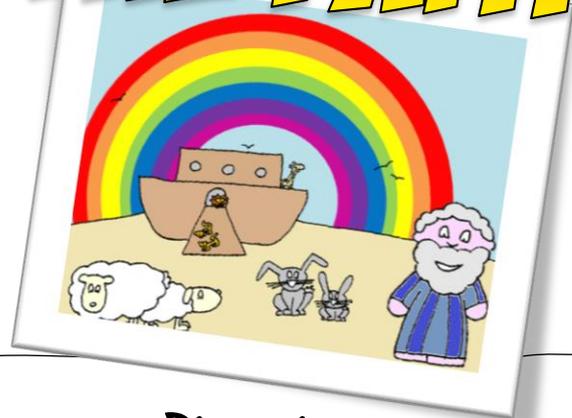
Genesis 6 v 9 – 9 v 17

Read the story together – choose a Bible translation or children's story version which best suits your group. It is quite a long passage so you might find it easier to look up the verses mentioned and watch the whole story as a video.



Here is a link to a great summary video.

https://www.youtube.com/watch?v=4yzNO_fUxjkQ



Discussion

A question for adults to ask children

What does obedience mean?

Noah was obedient to God – even though when Noah's story happens in the Bible there has never been rain before Noah still listened to God and followed his instructions exactly in making the ark.

A question for children to ask adults

Can you think of a time when you had to follow instructions? Did you find it easy or hard?

Building some flat pack furniture might be a good example to share – sometimes obedience means trusting in somebody else's knowledge.

A prayer to say together

Dear God,

Thank you for the story of Noah who listened to your instructions and was obedient.

Help us to be like Noah, to listen to you and choose to live well for you.

Please help our country to be obedient to the government as they bring in new instructions for our everyday lives.

Amen

Family Activity 1

Based on Genesis 6 v 22



"Noah did everything that God commanded him"

Play a game of 'Simon Says' together. One person gives everybody else instructions, but they must only obey if the instructions begins "Simon says..."

Use this game as a reminder that we can be obedient to God but also that we may sometimes be asked to do things that we know are wrong. We can ask God to help us to make good decisions about how to behave in a way that is pleasing to Him.

Genesis 6 v 22

"Noah did everything
that God commanded
him"

A verse to remember

Try to learn this verse together, you could come up with some actions to help you remember it or decorate the verse on a piece of paper or card together and put it up somewhere to remind you of it through the week.

Family Activity 2



Based on Genesis 9 v 13

"I am putting my rainbow in the clouds as the sign of the agreement between me and the earth"

You will need: Paper and pens or any other craft materials you have around the house

Make a rainbow

Draw, collage or paint your own rainbow to put in your window as an encouragement to others in your street.

The rainbow reminds us that God keeps his promises and brings us through to the other side of challenging times.

Active Prayer

Rainbow prayer – go on a search around your house and try to find something of each of the colours below.

Here is a prayer you can say for each colour.



RED – God thank you that you love us and that you are always with us.



ORANGE - God please help us to be patient, to wait and listen to you and to be obedient.



YELLOW – God please help all those who are scared, may they know your perfect peace that takes away all fear.



GREEN – God please look after all those who are sick, give them the treatment and help they need to recover, send your healing power into all the world.



BLUE - God please protect all those who are working for the NHS, thank you for all they are doing to protect us.



PURPLE – Thank you God that we are children of the King of Kings, thank you that even though we are in difficult times we can trust in you.



PINK – Thank you God that we know you will bring us through this crisis to safety on the other side just as you protected Noah and brought him and his family through.

Family Activity 3

You will need: A timer / clock

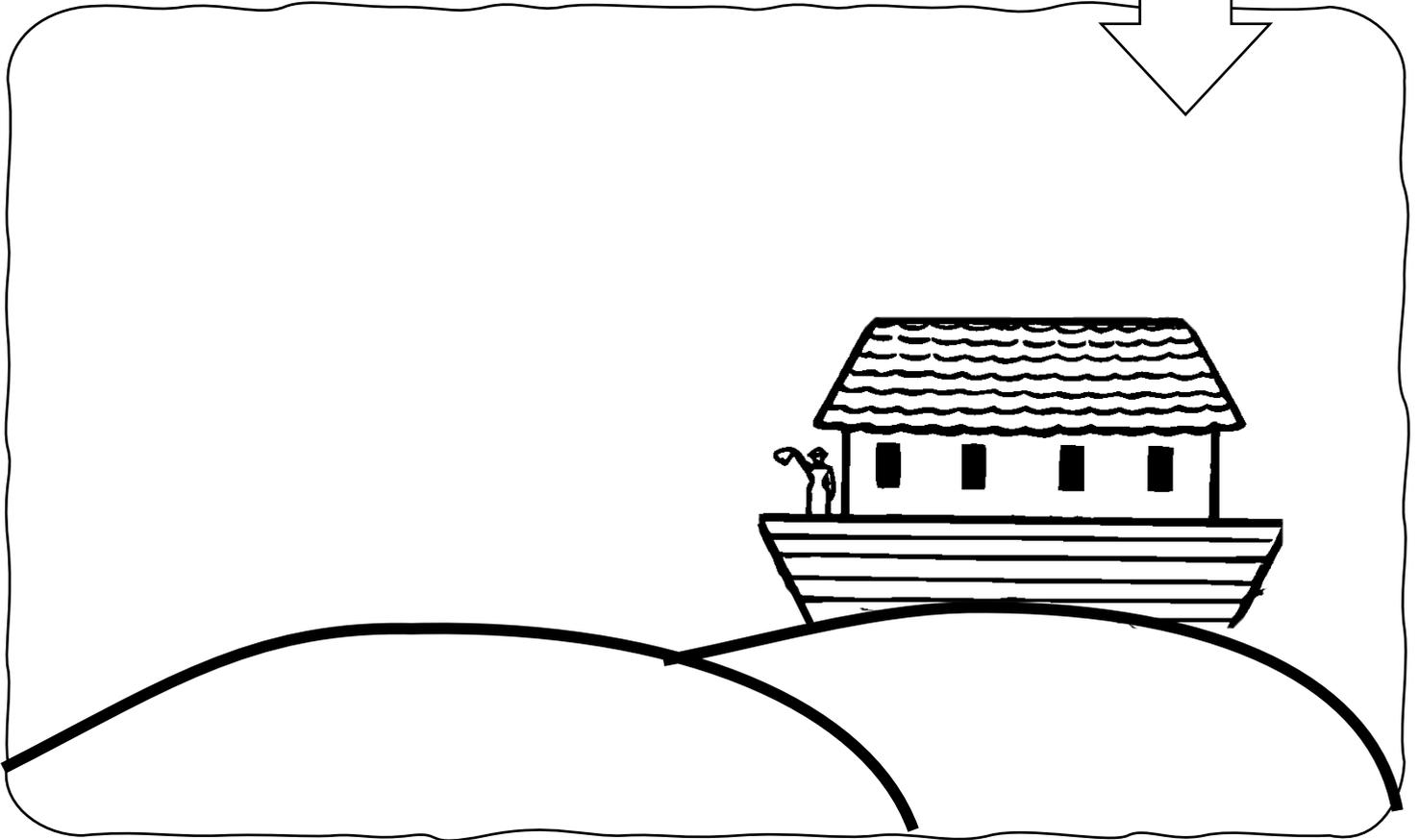
Noah had to do a lot of waiting while he was on the Ark. Test out who is best at waiting by playing 'The Minute Game'.

One person has a clock or phone timer, this person tells everybody when to begin.

Everybody else must stand up, they must sit down when they think a minute has passed – they are not allowed to cheat by looking at a watch or clock. Once everybody has sat down the person watching the timer should say who was closest.

PUZZLE SHEET

Complete the picture below by adding pairs of animals leaving the ark and a BIG RAINBOW!



Can you draw lines and pair up the adult animals with their baby? We have done the first one for you.

- | | |
|-----------------|----------------|
| cat | calf |
| horse | joey |
| dog | piglet |
| lion | kitten |
| sheep | tadpole |
| pig | cub |
| kangaroo | lamb |
| cow | foal |
| frog | puppy |

Copy each square from the top picture into the empty squares below to create a pair of turtles!

