

## BREAKING FREE 1 – Freedom in the Blood

**REDEEMED** means BOUGHT OUT OF SLAVERY, with the ransom price PAID IN FULL (Eph 1:7, Heb 9:12).

- \* Once you were a SLAVE to sin & death; now you are FREE.
  - \* If you've been redeemed, what a TRAGEDY to continue to live an ENSLAVED, FRUSTRATED, LIMITED life.
- *What's the tragedy? Would you say you live free, really free? Are there any areas of your life where you'd love to walk in greater freedom?*

### **What does it MEAN to be FREE?**

- \* To live without the sting of GUILT, SHAME & REGRET.
- \* With no irrational FEARS.
- \* No fear of REJECTION, shadow of OFFENCE, festering BITTERNESS.
- \* No HEAVINESS, OPPRESSION, DEPRESSION

### **On the other hand ...**

- \* Free to live in fulness of PEACE & JOY.
- \* With an assured PURPOSE.
- \* To live as a VICTOR, rather than a VICTIM.
- \* With your emotions, moods & attitudes dictated by God's PROMISES, not your PROBLEMS.
- \* Ability to WALK with GOD consistently & confidently
- \* To enjoy joyfulness in PRAISE & freedom in WORSHIP.

→ *Do you agree with the above definitions of what it means to be free? How would you define freedom? Anything you'd add the list above?*

→ *What do the following verses teach us about freedom in Christ: John 8:32,36, Rom 8:1-2, 2 Cor 3:17 & Gal 5:1?*

### **GALATIANS 5:1**

1. Because Christ has set us free, it's ALL JESUS.
  2. PAST TENSE.
  3. 'It is for freedom' → He set you free so you could really LIVE FREE.
  4. Possible to be SUCKERED back into a phony, pseudo-captivity.
- *How do people get 'suckered back?' Why is that captivity actually a phony, pseudo one? Why is the 'past tense' part so crucial?*

### **Potential Chains**

1. Insecurity
2. Perfectionism
3. Fear of man
4. Religious oppression
5. Anxiety
6. Offence & Unforgiveness
7. Guilt & Shame
8. Hopelessness
9. Addiction
10. Unresolved pain & trauma

→ *On that list of ten potential chains, which do you reckon would make it into an overall top 3? Any others you'd add to the list?*

→ *Any you particularly struggle with? If you had to score yourself on a scale of 0 to 10, where 0 is completely bound and 10 is totally free, what would you give yourself for each of the 10?*

### **There's FREEDOM in the BLOOD** (Heb 9:12, Col 2:13-15)

→ *Why is this the first revelation we need if we're going to get free & stay free? How does it 'get you free' in the first place? How does it 'keep you free' in the long-run?*

Jesus' Blood is crying out (Heb 12:24)

1. You can't touch me, Mr Devil, because I BELONG to GOD (Rev 5:9, John 10:28).
2. You can't falsely ACCUSE, threaten & intimidate me, Mr Devil; I've been FORGIVEN & JUSTIFIED by the shed blood of Jesus (Eph 1:7, Rom 5:9).
3. Don't tell me I'm DIRTY & WORTHLESS, Mr Devil; I've been WASHED in the blood (1 John 1:7, Isa 1:18).
4. Don't tell me God's not INTERESTED & has TURNED HIS BACK on me, Mr Devil (Eph 2:13, Heb 10:19-20).

→ *Why did Abel's blood cry out & what did it say? Why does Jesus' blood cry out & what does it say?*

→ *Why is a knowledge of the power of the blood, what Jesus' death & resurrection accomplished, and how to use the blood as a weapon, so crucial in repelling the Enemy's attacks (especially those above)?*

### **Why is TRUE freedom impossible without the Blood?**

1. Because sin isn't just an UNFORTUNATE STRUGGLE, it's a DEATH SENTENCE (Rom 6:23, Eph 2:5).
2. You simply CANNOT pay the ransom price YOURSELF (Rom 3:10-12, Isa 64:6, Eph 2:8-9).
3. Because forgiveness REQUIRES the shedding of BLOOD (Heb 9:22, Isa 53:5).
4. SELF-HELP simply doesn't have the POWER to break demonic chains (2 Cor 10:3-4, Rev 12:11).

→ *Where do people in the world attempt to find the freedom they so badly desire? Why are those places / concepts / systems simply incapable of delivering?*

→ *"Self-help may change habits, but only the cross can change hearts. Self-help may apply a band aid to a wound, but only the blood of Jesus heals & frees." Discuss!*

*IN CONCLUSION: If you could get one thing from this series, what would it be?*